Blog	Posting Checklist:
~	Catchy Title (Keyword Included)
~	Permalink (Keyword Included)
~	Body Content (Keyword Included) 300-500 words, Entertaining & Easy to Read
~	Category (Only One)
~	Post Image with Alt Text=Keyword
~	Page SEO & Optimize Options >>
~	"Custom Title Tag" – Copy & Paste Blog Post Titile
~	"Meta Description" – Catchy & Incomplete description with keyword included. 160 Characters or less
~	"Meta Keywords" – Keyword or Title
~	WP Super Popup Pro – Optional
~	Tags – Copy "Meta Keywords" Paste and Add
~	Preview Changes
~	Publish Post